

## your **Health** your **Decisions**

### KnovaSolutions is your Personal Health Service that Provides Information and Support to Help you with Healthcare Decisions



KnovaSolutions can help make a difference in your life as well as your family's. Here are just a few of the many ways KnovaSolutions can help:

- Medical Care & Decisions
- Healthcare & Treatment Options
- Medication Questions
- Work & Home Life Balance

#### Health Information Support

KnovaSolutions provides support for you and your family via telephone and email, and focuses on you as an individual person, not just the health complications that you may be facing.

The service provides you with your own team that includes a nurse, pharmacist, and medical research librarian. Your team is there to support you and your family's health and well-being.

- Your team of medical care experts are there to support you and can be easily accessed by telephone.
- The service is secure, confidential, and customizable to you and your family's needs.

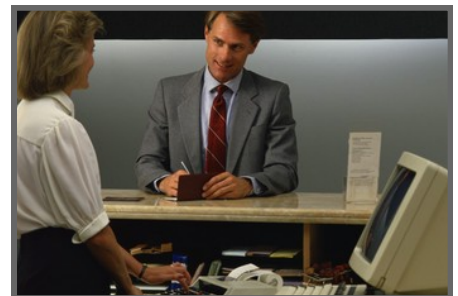
- Participation is fully-funded by the North Carolina Bankers Association Health Benefit Trust so there is no cost to you.
- Participation in the service is voluntary. You have the choice as to when you would like to connect with your team.

#### How will I know if I can use KnovaSolutions?

An introduction letter will be mailed and a follow-up call will be made to your home. This call can be used to answer any questions about the service as well as get you connected with your nurse for a brief consultation.

#### How Do I learn More?

To find out more information or to enroll in KnovaSolutions, call 1-800-355-0885. Offices are open Monday-Friday 8am-5pm Mountain Standard Time. We look forward to hearing from you!



**Visit the KnovaSolutions Website to learn more:**

[www.hcmsgroup.com/knovasolutions](http://www.hcmsgroup.com/knovasolutions)